

Box Elder's

HEALTHY LIVING HANDBOOK



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INTRODUCTION

Box Elder County is a great place to live, work, and play. This guide was created to help individuals, friends, and families that are new or experienced to Box Elder find not only fun, wholesome, recreational activities, but also local farms and a variety of locations to get locally produced items. The guide is divided into the following sections:

PARKS:

Wherever you are, there is probably a park close by. Box Elder is home to over 35 parks of varying sizes. They offer a variety of experiences including sports areas, splash pads, picnic areas, and playgrounds.

PUBLIC LANDS:

Box Elder is home to the famous Golden Spike Monument, Bear River Bird Refuge, and Willard Bay State Park.

TRAILS:

This directory highlights trails that are easy to access around the county, including urban and hiking trails. A great place to get out and move your body.

RECREATION FACILITIES:

If you are looking for something fun to do on the weekend, wanting to sign your child up for dance or gymnastics, or wanting to find the perfect workout facility, look no further. This section has the listing and locations of recreational facilities so you can do what is best for you.

LOCAL FOODS:

Box Elder is famous for fruit stands, specifically peaches. Come August and find our fruit stands packed with fresh fruits! Check out what other local foods Box Elder has to offer in this section.



PARKS





BATHROOM



DRINKING
FOUNTAIN



PICNIC
AREA



PLAYGROUND



SPLASH
PAD



SPORTS
AREA

BEAR RIVER CITY

Bear River City Park • 4600 W 5900 N



BOTHWELL CITY

Bothwell Park • 4600 W 5900 N



Mabel Park •

11598 W 11200 N



BRIGHAM CITY

Horsley Park • 560 S Main Street



John Adams Park • 600 E 100 N



Lindsay Park • 300 W & Fishburn



Mary E. Christensen Park • Highland & Sycamore



Playground Park • 200 E Forest Street



Rees Pioneer Park • 800 W Forest Street



Rotary Constitution Park • 450 E 700 S



Snow Park • 500 N Main Street



Watkins Park • 600 W Forest Street



CORINNE

Corinne City Park • 2420 N 4000 W



Flank Park • 4050 W South Front Street



DEWEYVILLE

Deweyville Park • 10870 N Hwy 38



ELWOOD

Hansen Park • 9180 N River Road



GARLAND

Garland City Park • 100 N 500 E



HONEYVILLE

East Park • 2385 W 6900 N



Honeyville Park • 2800 W 6900 N



HOWELL

Howell Park • 2385 W 6900 N



MANTUA

Mantua City Park • 409 N Main Street



PERRY

Anderson Park • 690 W 2700 S



Centennial Park • 1155 W 3000 S



Dale Young Park • 1200 W 2250 S



Mt. View Park • 2400 S 400 W



Perry Park • 2450 S 900 W



RIVERSIDE

Riverside Park • 13266 N 5325 W



TREMONTON

Harris Park on Main • 395 E Main Street



Harris Neighborhood Park • 625 W 450 N



Jeanie Stevens Park • 700 N 1000 W



Midland Square • 75 W Main Street

North Park • 100 W 600 N



Shuman Park • 200 N Tremont Park



WILLARD

Willard City Children's Park • 455 S 200 E



Willard City Park • 50 W 50 N

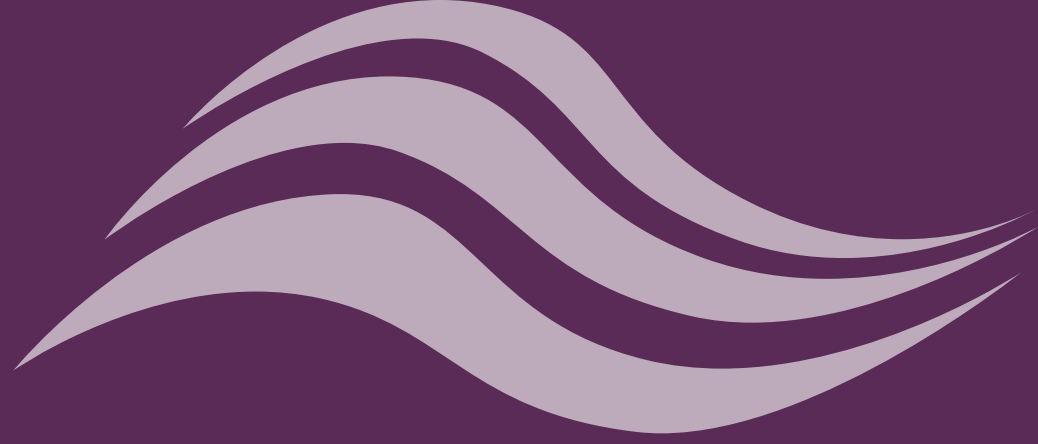


Willard Nature Park • 150 N 100 E



Willow Creek Park • 40 N 200 E





PUBLIC LANDS





BEAR RIVER MIGRATORY BIRD REFUGE

Bear River Migratory Bird Refuge is one of the over 550 refuges in the National Wildlife Refuge System - a network of lands set aside and managed by the U.S. Fish & Wildlife Service specifically for wildlife. The Refuge and other wetlands associated with the Great Salt Lake provide critical habitat for migrating birds, over 250 species moving through this area annually by the millions to rest and feed. As part of the Bear River Bay, the Refuge is designated as a Western Hemisphere Shorebird Reserve Network site, a globally important shorebird area. Today, Bear River Migratory Bird Refuge contains nearly 80,000 acres of marsh, open water, uplands, and alkali mudflats. The marshes and open water are managed using a complex system of dikes and water control structures to provide a variety of water depths suitable for the needs of different waterbird species. The Refuge is an excellent place to observe wildlife along a 12-mile auto tour route, as well as enjoying hunting, fishing and wildlife photography.

To find out more information:

Phone: 435-723-5887

Website: _____

https://www.fws.gov/refuge/bear_river_migratory_bird_refuge/

Address: 2155 W, Forest Street Brigham City



DEVIL'S PLAYGROUND

Located on Bureau of Land Management, private, and state land, Devils Playground is a relatively unknown geologic curiosity found in a remote region of northwestern Utah. This site provides camping and recreation opportunities for those who enjoy getting away from it all. Devil's Playground is about 113 miles from Golden Spike National Historical Park.

To find out more information:

Phone: 801-977-4300

Website: <https://www.blm.gov/visit/search-details/16286/2>

Address/Directions: Take Interstate 84 to Exit 5 for Curlew Junction. Drive west on SR 30 to the south end of the Grouse Creek Mountains.



GOLDEN SPIKE MONUMENT

One of the greatest technological achievements of the 19th century, the completion of the first transcontinental railroad across the United States. Visitors to the park can see the location of the Last Spike Site, 1869 railroad construction features, walk or drive on the original railroad grade, and get an up close view of Victorian era replica locomotives.

To find out more information:

Phone: 435-471-2209 x429

Website: <https://www.nps.gov/gosp/index.htm>

Address/Directions: 6200 N 22300 W, Promontory



MANTUA RESERVOIR

Mantua Reservoir is located in Sardine Canyon at the edge of the small town of Mantua. The reservoir sits at an elevation of 5,000 feet and offers fishing, boating and water skiing. The reservoir offers a boat ramp, picnic areas, campground, swimming beach and is stocked with fish. The season for the reservoir is generally May through October.

To find out more information:

Phone: 435-471-2209 x429

Website: _____

<https://www.utahoutdooractivities.com/mantuareservoir.html>

Address/Directions: Mantua, UT 84324



SPIRAL JETTY

The Spiral Jetty is Robert Smithson's monumental earthwork (1970). It is located on the Great Salt Lake in Utah. Using black basalt rocks and earth from the site, the artist created a coil 1,500 feet long and 15 feet wide that stretches out counter-clockwise into the translucent red water. Spiral Jetty was acquired by Dia Art Foundation as a gift from the estate of the artist in 1999.

To find out more information:

Website: <https://www.diaart.org/visit/visit-our-locations-sites/robert-smithson-spiral-jetty>

Address/Directions: From the visitor center of the Golden Spike Monument, drive 5.6 miles west on the main gravel road (N Golden Spike Loop). At the fork in the road, continue left (west). There are signs directing you to Spiral Jetty. Drive 1.4 miles. At the fork in the road, turn right (southwest). Continue driving for approximately 9 miles. The road will curve north around Rozel Point. The road ends at a cul-de-sac parking lot directly above Spiral Jetty.



WILLARD BAY STATE PARK

Willard Bay is a freshwater reservoir located 12 miles northwest of Ogden on the flood plains of the Great Salt Lake. An earth filled dike and natural shoreline make up the 20-mile enclosure. Willard Bay State Park consists of two separate marinas next to Willard Bay. Recently renovated, the park offers state-of-the-art day-use and camping facilities, boat launch ramps, and group-use areas.

Opened to the public as a state park in 1966.
Park Elevation: 4,200 feet

To find out more information:

Phone: 435-734-9494

Website: [https://stateparks.utah.gov/parks/willard-](https://stateparks.utah.gov/parks/willard-bay/)

[bay/](https://stateparks.utah.gov/parks/willard-bay/) **Address/Directions:** 900 W 650 N, Willard



TRAILS





MILES



PAVED



GRAVEL/
NATURAL
SURFACE



FLAT



ROLLING



STEEP

BRIGHAM CITY

“B” Trail

Main access at junction of Bywater Way and Marie Drive in Brigham City.



Bear River Migratory Bird Refuge Trail

From Brigham City, take Forest Street west passing over I-15. The Bird Refuge parking area is on the left at approximately 2155 West.



Rees Pioneer Park Trail

Trail accessed from multiple points at Rees Pioneer Park, which is located at Forest Street and 600 West in Brigham City.



DEWEYVILLE

Deweyville Park Trail

Trail is at the Deweyville Park and wraps around the edge of the park.



HONEYVILLE

East Park Trail

Trail is at the Honeyville East Park, the trail wraps around the edge of the park.



MANTUA

Eagles Rise

Main trailhead located at the Maple Creek parking area on the south end of the reservoir. Great for mountain biking and trail running.



Little Knoll

Main trailhead located at the Maple Creek parking area on the south end of the reservoir.



Mantua Reservoir Trail (Dike Trail)

Main access at the west reservoir parking area, Maple Creek parking area on the sound end, or the fishing access parking lot on the east side of the reservoir.



Mantua to Brigham



North Loop

Main trailhead located at the Maple Creek parking area on the south end of the reservoir.



Rocky Dugway Loop

Main trailhead located at the Maple Creek parking area on the south end of the reservoir.



PERRY

Perry/Willard Bonneville Shoreline Trail (BTS)

Main access is Perry Canyon



Perry Canyon Trail

From Highway 89, turn east at 3000 South, then right on a dirt road just before the Geneva Rock entrance.



Perry City Dale Young Natural Park Trail

From Highway 89 in Perry, turn west on Davis Street. Park is on the south side of the road between Perry Street and 800 West.



TREMONTON

Holmgren Nature Preserve and Trail

From Main Street in Tremonton, turn north on 570 East which eventually turns east and turns into 300 North. Trailhead is located on the north at approximately 685 East.



WILLARD

Historic Orchard Pathway (HOP)

Main trailhead located on 200 West, just north of 750 North, east of Sunpro.



Willard/Perry Bonneville Shoreline Trail (BTS)

Main access is at Willard Creek.



Willard Retention Basin Park & Trail

Main trailhead located on 200 West, just north of 750 North, east of Sunpro.



White Rock





RECREATION FACILITIES



BOWLING

Bear River Bowling Center • 1410 W Main Street Tremonton
435-257-1997 • thegrillerrestaurant.com/bowling.html

Brigham City Family Fun Center • 15 E 500 N Brigham City
435-723-1402 • brighamfamilyfuncenter.com/

DANCE/GYMNASTICS

Twinkle Toes Dance Studio • 9095 N River Rd Elwood
435-730-1221 • twinkletoesds.weebly.com

Classical Youth Ballet • 331 S 100 W Brigham City
435-730-7797 • classicalyouthballet.com/

Dance It Out Studios • 40 S 100 W Tremonton
435-230-1509 • danceitoutstudios.live/

Diversity Dance Utah • 2824 S Hwy 89 Perry
435-225-2821 • diversitydanceutah.com/

Dream Pointe Ballet Co • 1156 Dentwood Dr. Brigham City
435-723-3288 • danceforlifeneration.org/dream-pointe-ballet-company

Full Circle Dance Academy • 25 W 600 S Brigham City
801-710-9440 • fullcircledanceutah.com/

Infinity Dance • 63 S Main Street Brigham City
435-723-1990 • infinitydanceutah.com/

Starstruck Dance & Performing Arts • 2895 S Hwy 89 Perry
435-239-8338 • danceforlifeneration.org/

Tanglewood Studios • 11175 W 11200 N Tremonton
435-854-7269 • tanglewood-studio.com/

The Dance Factory • 50 S Main Street Garland
435-458-3259 • dancefactoryandcompany.com/

The Peak • 1455 S Commerce Way Brigham City
435-723-1280 • peakkids.com/

Thrive Dance • 146 N Main Street Brigham City
435-720-3704 • thrivedancers.com/

Va-Dels Dance • 46 W 11200 Tremonton
435-720-3704 • vadelsdance.blogspot.com/?m=1

Wilma Maddox Studio of Dance • 1900 US-89 Perry
435-723-0277 • maddoxdancers.com

GOLF COURSES

Brigham City Family Fun Center (Mini Golf) • 15 E 500 N Brigham City
435-723-1402 • brighamfamilyfuncenter.com/

Eagle Mountain Golf Course • 960 E 700 S Brigham City
435-723-3212 • eaglemountaingc.com/

Skyway Golf Course • 432 County Club Dr Tremonton
435-257-5706 • skywaycountryclub.com/

GYMS/WORKOUT FACILITIES

Crossfit Raw N Retro • 1401 W Main Street Tremonton
801-529-3517 • crossfitrawnretro.com

Concrete Fitness • 577 N Main Street Brigham City
435-730-4686 • concretefitnessllc.com/

Jazzercise Brigham City • 25 W 600 S Brigham City
435-225-6632 • <https://www.jazzercise.com/location/jazzercise-brigham-city-fitness-center-17051>

K & H Fitness (Fitness Quarter) • 675 S Main Street Brigham City
435-723-1900 •

Kixx Fitness • 11 W Main Street Tremonton
435-257-7546 • facebook.com/KixxFit/

Physiques Finest • 770 S 200 E Brigham City
435-723-1900 • physiqueshealthclub.com

Results Gym & Fitness • 470 W Main Street Tremonton
435-257-3333 • resultsgymandfitness.com/

The Body Shop Gym • 875 N Main Street Willard
435-919-0154 • facebook.com/TheBodyShopWillard/

The Good Seed Yoga Studio • 146 N Main Street Brigham
435-225-0570 • thegoodseedbc.com/

MARTIAL ARTS

Defiance Martial Arts • 756 S Main Street Brigham City
435-695-3278 • defiancema.com/

SWIMMING

Bear River Natatorium • 528 N 3rd E Tremonton
435-257-7665 • brnatatorium.weebly.com/

Box Elder Natatorium • 168 S 600 E Brigham City
435-734-4852 • swimboxelder.com/

Brigham City Community Pool • 720 W Forest St Brigham City
435-734-0991 • bcutah.org/brigham-city-

[pool.htm](#) **Crystal Hot Springs** • 215 UT-38 Honeyville
435-339-0038 • crystalhotsprings.net/home/



LOCAL FOODS



BEAR RIVER

Bear River Country Market • 4670 W 5900 N
435-279-1828 • facebook.com/BRCountryMarket/

BRIGHAM CITY

Brigham City Farmer's Market • 6 N Main Street
435-538-7949 • visitbrighamcity.org/farmersmarket

Premium Meat Company • 1100 W 600 N
435-734-5944 • premiummeatcompany.com/

CORINNE

Harmony Homestead • 3792 W 3600 N
435-230-2432 • facebook.com/harmonyhomesteadrawmilk

GARLAND

Michaelis Family Farm • 13760 N 5600 W
801-949-0578 • [facebook.com/pages/category
/Farm/Michaelis-Family-Farm-1303083199715704/](https://facebook.com/pages/category/Farm/Michaelis-Family-Farm-1303083199715704/)

Shaffer Farms • 15145 N 4800 W
435-279-3108 • [facebook.com/pages/category
/Farm/Shaffer-Farms-327948580696788/](https://facebook.com/pages/category/Farm/Shaffer-Farms-327948580696788/)

HONEYVILLE

Honey Honeyville, LLC • 8739 HWY 38
435-279-8532 • honeyvillehoneyutah.com/

PERRY

George A Nielson & Sons • 2055 US-89
435-723-8112 •

John Valcarce • 2250 S Hwy 89
435-723-7651 • [facebook.com/valcare-farms-](https://facebook.com/valcare-farms-1395463690669210)

Nielson's Fruit • 2055 S Hwy 89
435-730-8812 • [facebook.com/pages/category/Specialty
-Grocery-Store/Nielsons-Produce-489988594478281/](https://facebook.com/pages/category/Specialty-Grocery-Store/Nielsons-Produce-489988594478281/)

Paul's Patch • 1895 S Hwy 89
435-723-7159 • [facebook.com/Pauls-Patch-](https://facebook.com/Pauls-Patch-186801544669498)
186801544669498

Sherry Grenko • 3505 S Hwy 89

435-723-1886

Sumida's Fresh Vegetable & Fruit Stand • 3333 US-89

435-723-1477 • facebook.com/pages/Sumidas-Fresh-Vegetable-Fruit-Stand/398830910171872

Tagge's Famous Fruit & Veggie Farms • 3431 S Hwy 89

801-755-8031 • taggesfamousfruit.com/

Thayne & Cherries Famous Fruit • 4341 S Hwy 89

435-734-1700 • facebook.com/pages/Thayne-Cherries-Famous-Fruit/1459565297705618

TREMONTON

Blue Spring Farm • 10855 W 12800 N

435-279-0563 • facebook.com/Blue-Spring-Farm-262100187173695

Holmgren's Produce Market • 11818 N 1600 E

435-740-0386 • facebook.com/holmgrenproduce/

Paul's Farms Honey • 340 W Main Street

435-720-0123 • paulfarmshoney.com/

Selman's Garden • 11400 N 4130 W

435-258-7201 • facebook.com/selmansgarden

WILLARD

Apple Creek Bulk Food Co • 875 N Main Street

435-723-1650 • applecreek.squarespace.com/

Barker's Fruit & Produce • 901 N Main Street

435-734-9637

Grammy's Fruit & Produce • 7375 S Hwy 89

435-723-5523 • facebook.com/grammys-fruit-produce-145987868766486

Gray's Orchard • 1352 N Main Street

435-723-5523 • facebook.com/GraysOrchard/

Mote Fruit & Produce • 455 S 200 W

435-723-8304

Pettingill Fruit Farm • 8815 S Hwy 89

801-782-8001 • facebook.com/Pettingills-Fruit-Farm-170915542936358/

Roy's Fruit & Produce • 7900 S Hwy 89

801-896-7602 • facebook.com/roysfruit/

Woodyatt Cherry Farm • 7630 S Hwy 89
435-723-6659 • facebook.com/woodyattcherryfarm/

